

• Sūrah AL-KAHF (Aḥkāmul-Qur'ān)

- Participants should be able to recall for each āyah the derived practical directive either in Arabic or in English.

- Note: no need to memorize the translation of the āyah in English.

<p>1.</p>	<p>أَلْحَمْدُ لِلَّهِ الَّذِي أَنْزَلَ عَلَيَّ عَبْدِهِ الْكِتَابَ وَلَمْ يَجْعَلْ لَهُ عِوَجًا (١)</p>	<p>بدأت السورة بالحمد لله. الحمد والشكر ليس فقط سببا. لزيادة النعمة، ولكنها تنقل الإنسان إلى حال الطمأنينة والسكينة وهذا ما يطبق الآن في عيادات الطب النفسي، حيث يطلب من المريض أن يكتب كل يوم خمسة أشياء في حياته تستحق الشكر والامتنان، واثبتت الابحاث ان هذا الشعور له تأثير إيجابي كبير في تحسن حال المصابين ! الحمد لله على الحلو وعلى المر لما فيه من عون من الله سبحانه وتعالى وعظيم الأجر والثواب . الحمد لله على كل حال.</p>	<p>“All praise is for Allah Who has revealed the Book to His servant, allowing no crookedness in it,” [18:1]</p>	<p>This Surah begins with expressing gratitude to Allah SWT. The practice of gratitude and thankfulness is not only a cause for an increase in blessings as mentioned in the Quran (If you are grateful, I will increase you); it also gives one peace of mind. Interestingly enough, this is what is now being advocated by psychologists - they tell you to write down 5 things that you're grateful for everyday. Research has shown that practicing daily gratitude has shown that it alleviates both physical and mental symptoms of stress and anxiety. We say Alhamdulillah for the good and bad times, because of the help that comes from Allah with it and the enormous <i>ajr and</i> rewards. Alhamdulillah for everything.</p>
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<p>2.</p>	<p>نَحْنُ نَقُصُّ عَلَيْكَ نَبَأَهُم بِالْحَقِّ إِنَّهُمْ فِتْيَةٌ ءَامَنُوا بِرَبِّهِمْ وَزِدْنَاهُمْ هُدًى (١٣)</p>	<p>إنهم فتية .. شباب وقفوا بكل شجاعة في وجه الباطل غير أبهين بنظرة الناس لهم ماداموا على الحق . جيل الشباب هو ليس مصدر ضعفنا كما يظن البعض ، بل هو مصدر قوتنا ، وحين يدرسون القرآن ويفهمونه سيغيرون العالم. امضى كبار العلماء حياتهم منذ ١٤ قرن وحتى الان في دراسة وتعليم ما فعله مجموعة شباب ليس لديهم علوم شرعية ، هم فقط امنوا بربهم وتمسكوا بدينهم في زمن صعب ، في بلاد وبيئة لا دينية . غير الله مسار الشمس لأجلهم ! هم ليسوا أنبياء ، هم فتية عبدوا الله حق العباد فسخر لهم آيات الكون في خدمتهم . أيها الجيل الصاعد .. أنتم أبطال الأمة وأملها . ليس لديكم الكثير من العلم ولكنكم تملكون العزيمة وتقبلون على حفظ القرآن ، تعلمون أن القوة في اتباع كتاب الله . أكثروا من الدعاء يا أحبابي ، قولوا يا الله أعنا على حفظ كتابك ، هون</p>	<p>“We relate to you ‘O Prophet’ their story in truth. They were youths who truly believed in their Lord, and We increased them in guidance.” [18:13]</p>	<p>These young people were mentioned by Allah in a positive and honourable light. The only people standing up with the Truth, have the courage to not care what anybody else thinks were the youth. Young people are not our weakness; they are our strength, and they will find their strength in the words of Allah. When the young generation turns back to the book of Allah, they will change the world. The greatest of scholars have spent their lives, in the past 14 centuries and until now, learning and teaching about a group of young men who had no religious legal knowledge - they only believed in their Lord and held onto their Deen at a very difficult time in an environment of no Deen. Allah changed the course of the sun for them! These young men were not prophets, yet Allah did miracles for them. These young people enslaved themselves in the service of Allah and Allah enslaved the universe in their service! To our young generation, the real champions of this ummah are YOU. Even though you don’t know much yet, you</p>
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3	<p>فَوَجَدَا عَبْدًا مِّنْ عِبَادِنَا ءَاتَيْنَاهُ رَحْمَةً مِّنْ عِنْدِنَا وَعَلَّمْنَاهُ مِن لَّدُنَّا عِلْمًا (٦٥)</p>	<p>موسى والخضر .. قال الله عن الخضر ، آتيناها رحمة من عندنا وعلمناه من لدنا علما . ذكر الرحمة مهم هنا ، خاصة وأن كل ما فعله الخضر يبدو مجردا من الرحمة حين نراه بأعيننا ، عين الحاضر إذ لا نملك عين الغيب . لن يرسل إلينا الله تعالى شخصا مثل الخضر معلم موسى ، يرافقنا اينما ذهبنا يفسر لنا ما يحصل من بلاء ويطلعنا على ما ينتظرنا من خير في عالم الغيب .</p>	<p>“There they found a servant of Ours, to whom We had granted mercy from Us and enlightened with knowledge of Our Own.” [18:65]</p>	<p>Allah said he gave Khidr mercy and knowledge that comes especially from him. It's important to mention mercy because every single thing Khidr did, seemed devoid of mercy when we look at his actions with the naked eye, from the eye of the seen, but from the eye of the unseen . We are not going to have someone like Musa's teacher, Khidr, to walk around with us and when something bad happens, he tells you “I know everything is falling apart now for you, but there is something behind the scenes that you</p>



		<p>هذا شيء خص الله به موسى في وقته ويعطي درسا ليعلمنا من خلال هذه القصة أن ما اختاره الله لنا دائما خير مما نختاره لأنفسنا .</p>		<p>don't understand." That is not going to happen with us.</p> <p>That is only for that messenger, and that lesson that he had to learn. Through that story we know that there is always a plan, and the plan of Allah is always meant to be something good .</p>
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