



# JANUARY

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## *January Newsletter 2021*

Assalamu Alaikum Dear Parents:

We pray that you all have had an opportunity to rest and relax with your families. In shaa Allah the year 2021 brings happiness and blessings for everyone.

In January we will have lots of fun and activities at Creative Minds Preschool as we continue talking about winter, winter animals, and hibernation.

After a long break, it is very common for the children to have separation anxiety and it might take them a few days to get back into their preschool routines. This is nothing to be concerned about and we ask you to please keep your drop off routine brief and try not to linger too long. This will help the child to calm down faster and allow the teachers to focus on the children and help them to settle into their day.

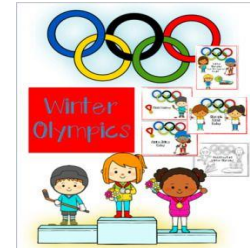
### **At-Home Learning Week Moved to In-Person Learning**

This is a friendly reminder that considering the challenges our age group students might face with online learning, we have decided that Creative Minds Preschool will be open for in-person learning instead of at-home learning for the week of January 4-8 in shaa Allah, unless otherwise directed by the Alberta Health Services and the Ministry of Children's Services.

We will keep you updated with any changes we receive from AHS.

Jazakum Allahu Khairan,  
Creative Minds Preschool Team

# Winter Olympics Day



We will have a Winter Olympics Day on Wednesday, January 27th, in shaa Allah  
A fun day full of exciting games and activities.  
More details will be sent home in shaa Allah.

## Reminders:

- **Masks are mandatory during Drop off and Pick-up**
- Please **Do Not** send your child to school if he/she shows any symptoms related to COVID (**fever, cough, sore throat, runny nose, shortness of breath**)
- Please drop off/pick up your child and leave as soon as possible NO lingering in the hallway
- Please do not send any **NUTS** or nut products with your child for snack because we have children with **SEVERE ALLERGIES**
- Please do not send juice, chocolate, chips, or candy. Let us keep it healthy
- Please make sure to pick up your child on time, if not, parents will be charged **\$1/min**
- Please make sure your child is dressed properly for the weather

## Important Dates

- **Classes Resume (In Person)**  
Monday, January 4<sup>th</sup>, 2021
- **Progress Reports**  
Thursday, January 21<sup>st</sup>, 2021
- **Winter Olympics Day**  
Wednesday, January 27<sup>th</sup>, 2021
- **Virtual Parent Teacher Conferences**  
Thursday, January 28<sup>th</sup>, 2021
- **PD Day (No School for Friday Students)**  
Friday, January 29<sup>th</sup>, 2021



## Four-Year-Old Outcomes for this month

### English

**Theme:** Winter, Arctic animals



**Letters:** J, S, D

**Numbers:** 5 & 6

**Color:** Pink

**Shapes:** Heart

### Arabic

**Theme:** Transportation (المواصلات)

**Letters (Horouf):** Raa (ر), Zay (ز)

**Numbers (Arkam):** Khamsah (5)

**Colors (Alwan):** Pink (Wardi)

**Shape:** Heart (Qalib)



### Islamic

**Theme:** Wudu (الوضوء)

**Quran:** Surat An-Nas

**Dua'a:** When leaving the house

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ.

*Bismil-lah, tawakkaltu AAalal-lah, wala hawla wala quwwata illa billah.*

In the name of Allah, I place my trust in Allah, and there is no might nor power except with Allah.

**Aqidah:** Continue learning about the ninety-nine names of Allah SWT (Al Muhaymin, Al Aziz)

**Islamic Manner:** Be kind to others.

**Nasheed:** About Wudu



## Three- Year- Old Outcomes for this month

### English

**Theme: Winter Animals**



**Letters: C, O**

**Numbers: (5)**

**Color: Pink**

**Shapes: Heart**

### Arabic

**Theme: Winter** (فصل الشتاء)

**Letters (Horouf): Jeem** (ج)

**Numbers (Arkam): Khamsah** (5)

**Colors (Alwan): Pink** (Wardi)

**Shape: Heart** (Qalib)

**Nasheed: About Winter**



### Islamic

**Theme: Hygienic Etiquette in Islam**

**Quran:** Surat An-Nas

**Dua'a:** When leaving the house

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ.

*Bismil-lah, tawakkaltu AAalal-lah, wala hawla wala quwwata illa billah.*

In the name of Allah, I place my trust in Allah, and there is no might nor power except with Allah.

**Islamic Manner:** Be kind to others.

**Nasheed:** About Parents





## January 2021 Visuals in class

Happy New Year from the Building Blocks Therapeutic team!

As we all get ready to start the new year, we wanted to let you know that you might start to see some new visuals around your child's classroom. The team here at Building Blocks are working with many children, and we know that the strategies we use with our children, will help all the children in class.

One of these strategies, is to add visuals around the classroom to support independence, following of instructions and reduce uncertainty.

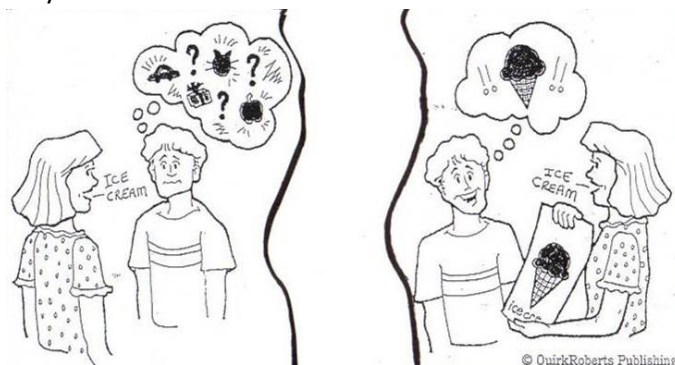
As adults we rely on visuals every single day of our lives. Many of us have some form of diary or calendar that help us know what is coming up in a day, this allows us to plan and reduces stress.

As adults, when driving or walking around the city, we rely on road signs to tell us where we are. This gives us a strong sense of independence and helps us get around the city without feeling lost.

As adults, when we go shopping, if we are not sure what something is, we look at a picture on the food, or ask someone to help us find these things. We have certainly relied on the arrows around the stores to stay safe and 2 meters away from others.

In any of these activities, we are relying on visuals to give us success. Therefore, there is every reason we should use visuals in the classrooms to help our children know what is coming up in their day, where things are and to help them follow rules. Please ask your children if they have noticed any new visuals in their classroom, and if you would like to know more, please get in touch with the therapy team at Building Blocks Therapeutics. We can help you use visuals at home to make some parts of the day a little easier for everyone.

Wishing you and your families the very best for 2021



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